9th Fribourg Obesity Research Conference (FORC-2017)

Thursday, October 19, 2017
University of Fribourg, Switzerland

Targeting Energy Expenditure in Management of Obesity & Cardiometabolic Risks: From Biology to Built environment

http://www.unifr.ch/inph/forc/2017/program.php

Organised by
the Department of Medicine / Physiology, University of Fribourg, Switzerland
In association with the Swiss Association for Study of Obesity (ASEMO/SAMO)

08:30 – 09:15  Registration – Coffee / Croissants
09:15 – 09:30  Welcome to FORC-2017
Jean-Pierre Montani (Univ. Fribourg)

09:30 – 13:00  Morning session

09:30 – 10:05  Changes in physical activity over lifespan: impact on body composition & sarcopenic obesity
Klaas Westerterp (Univ. Maastricht)

10:05 – 10:40  Physical activity and the built environment
Stanley Ulijaszek (Univ. Oxford)

10:40 – 11:10  Coffee break & Poster viewing

11:10 - 11:45  Modulation of non-shivering Thermogenesis: from a built environment perspective
Wouter van Marken Lichtenbelt (Univ. Maastricht)

11:45- 12:20  How much exercise should be promoted to raise daily energy expenditure and health?
Nuala Byrne (Univ. Tasmania)

12:20-12:55  Issues in targeting thermogenesis for weight maintenance & healthy catch-up growth
Abdul G Dulloo (Univ. Fribourg)

13:00 – 14:10 LUNCH at EIF Restaurant (across the road)

14:15 – 17:40  Afternoon session

14:15 – 14:50  Why physical activity does little to control weight: the exercise paradox
Herman Pontzer (Hunter College, New York)

14:50 – 15:25  Energy intake compensation in response to energy deficit by diet versus exercise
Eric Doucet (Univ. Ottawa)

15:25 - 16:00  Metabolic responses to caloric restriction: from a perspective of lean-fat tissue partitioning
John Speakman (Univ. Aberdeen)

16:00 - 16.30 Coffee break & Poster viewing

16:30 – 17:05  Gender issues in promoting physical activity & fat oxidation in obesity management
Jennifer Miles-Chan (Univ. Fribourg)

17:05 – 17:40  Novel dietary strategies to attenuate adaptive responses in obesity therapy
Amanda Salis (née Sainsbury) (Univ. Sydney)

17:40 – 17:45  Closing remarks – Abdul G. Dulloo (Univ. Fribourg)

For more details (including free registration):
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