Research field
I am interested in stress regulation capacity, its development and changes through the life span. My research aims to improve the understanding of influencing and protecting factors on stress responses and its role on the development of psychopathological symptoms. Within this context, I am interested in the impact of severe life events, specific transition period during child development and during adulthood and potential changes due to chronic illness. Further I am interested in the relationship of emotion regulation, socio-environmental aspects and health behavior with stress responses and the impact of web-based interventions to improve stress regulation capacity in children and adults.

Publications


